

Faith Lutheran - North New Hope Lutheran

PO Box 6, Rosholt WI 54473 *715-677-4631

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Faith & North New Hope Newsletter

2026 Vol 48...No 5

MAY 2026 NEWSLETTER

Dated Material—Do Not Delay

FAITH LUTHERAN

Worship & Sunday School—8:45 am

Fellowship/Coffee Hour 9:45am

NORTH NEW HOPE

Sunday School—9:30 am

Worship: 10:30 am

Holy Communion is celebrated
the first and third Sunday of every month.

All are welcome.

Reverend Joyce Heintz

OFFICE HOURS: Tuesday-Friday Noon-3pm

Church email: faithnhope@wi-net.com

Church Website: www.faithandnewhope.com

Sign up for direct giving...

Faith & N New Hope church's website has giving forms, with no fee, automatic deductions directly from your bank account.

Scan the QR code below to your church's online giving portal. There is a fee with the QR giving.

Give one time, bi-weekly, 1st & 15th, or monthly.

Your choice - Your convenience

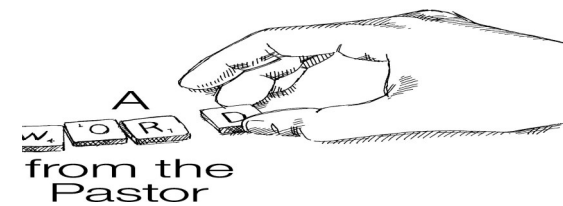
Automatic from your bank or scanning QR code.



Faith, Rosholt



North New Hope



May is notable for several significant events.

May 10 is Mother's Day. May God bless us all on this Mother's Day, with whatever we need to embrace this day. I have learned that this day is a mixed blessing. For many, it's a day to honor the women in their lives – the woman who raised you, the woman who gave birth to you, the woman or man who provided those nurturing qualities of a mother. But for some, it's a reminder of loss. I think of the child whose mother failed to provide some or all of these essential nurturing roles, the woman who longed to be a mother she never became, the grieving woman whose child died or failed to honor her, the child whose mother has died – even if she lived to a ripe old age. Rejoice with all who rejoice, and be gentle with all who mourn.

In the church year, **Sunday, May 24 is Pentecost** – 50 days after Easter. We celebrate the appearance of the Holy Spirit to the disciples – the “birthday of the church.” Jesus promised to send the Spirit to live among us. Paul reminds us (Romans 8:15b-17a) *When we cry, “Abba! Father!” it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs: heirs of God and joint heirs with Christ*

Memorial Day is officially Monday, May 25 this year. It's a national day set aside to honor and remember military personnel who died in service to their country. It's also, unofficially, a weekend “off” to celebrate the beginning of summer.

On that note, it's appropriate to share with you action that was taken at Faith at their February council meeting. They adopted a motion to move the flags to a visible location in the narthex. This action originated from a member request to consider moving the flags away from the altar. The motion was adopted after

carefully listening and discussing the purpose of worship and the flags. The following summary of the discussion and further explanation are provided by Pastor Joyce.

What's essential in the worship space? It's a short list – the visual symbols of faith in one God – bread and wine, water, Bible, the people. Everything else is optional. Worship is intended to draw all people to faith in Christ, but in this politically divisive time, a flag on display in worship can exclude or distract individuals from worshipping God. So why did flags appear in churches? In the early 1900s, German Lutherans needed a visible sign that they were patriotic, even if they worshiped in their native language. Other immigrant groups used the flag for similar reasons.

Simply stated, the flag in a worship space can be a source of conflict and can draw people away from worship. While we recognize that the American flag

“carries enormous emotional meaning, especially for veterans and for families that have sacrificed loved ones in wars and armed conflicts under that symbol. For others, the flag carries great political significance as a symbol of what they consider amiss with our nation.”

The distinction that can be made between the powerful symbolism of the flag and the powerful Christian symbols is that the Christian symbols are transcultural; they are not national symbols. Christians from around the globe can be drawn to Christ in the presence of such symbols.... The most appropriate visual symbols displayed in worship spaces convey this unity in Christ.

(Words in italics are quoted from the ELCA.org worship fyi page.)

Rev. Joyce Heintz



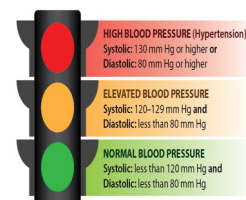
May Parish Nurse Article

May is the national observance for high blood pressure.

Here is some information about this: Blood pressure is the pressure that

occurs when blood pushes against the walls of your arteries. Arteries carry blood from your heart to other parts of your body. Normal blood pressure is less than 120/80 mm. High blood pressure, also called **hypertension**, is blood pressure that is higher than normal. High blood pressure is consistently at or above 130/80 mm. Your blood pressure changes throughout the day based on your activities. Having blood pressure consistently above normal may result in a diagnosis of high blood pressure. The higher your blood pressure levels, the more risk you have for other health problems, such as heart disease or stroke. When the heart pumps blood through the arteries, the blood puts pressure on the artery walls. This is called blood pressure.

Your health care team can diagnose high blood pressure. They can also make treatment decisions by reviewing your systolic (first number) and diastolic (second number) blood pressure levels and comparing them to guidelines. Most health care professionals will use these guidelines



from the ACC and AHA to diagnose high blood pressure:

Signs and symptoms

High blood pressure usually has no warning signs or symptoms, and many people do not know they have it. Measuring your blood pressure is the only way

to know whether you have high blood pressure.

Causes

There are several causes of and risk factors. Fortunately, you can control many of them. High blood pressure usually develops over time. It can occur because of unhealthy lifestyle choices, such as not getting enough regular physical activity. Conditions such as diabetes and obesity, can also increase the risk for developing high blood pressure. People who have depression, anxiety, stress, or post-traumatic stress disorder over a long period of time may develop high blood pressure. Other risk factors, such as family history and the environment, can also increase a person's risk for high blood pressure. The good news is that, in most cases, you can manage your blood pressure to lower your risk for serious health problems. High blood pressure (hypertension) complications can damage your health in many ways, including harming organs such as your heart, brain, and kidneys.

Heart attack and heart disease

High blood pressure can damage your arteries by making them less elastic. This decreases the flow of blood and oxygen to your heart and leads to heart disease.

In addition, decreased blood flow to the heart can cause: **Chest pain**, also called angina.

Heart attack, which happens when the blood supply to your heart is blocked and heart muscle begins to die without enough oxygen. The longer the blood flow is blocked, the greater the damage to the heart.

Heart failure, a condition that means your heart can't pump enough blood and oxygen to your other organs.

Stroke and brain problems

High blood pressure can cause the arteries that supply blood and oxygen to the brain to burst or be blocked, causing a stroke. Brain cells die during a stroke because they do not get enough oxygen. Stroke can cause serious disabilities in speech, movement, and other basic activities. A stroke can cause death.

Having high blood pressure, especially in midlife, is linked to having poorer cognitive function and dementia later in life.

Heart valve disease

High blood pressure can cause heart valve disease, which is when any valve in the heart is damaged or diseased. Kidney disease

Adults with diabetes, high blood pressure, or both have a higher risk of developing chronic kidney disease than those without these conditions.

Prevention

No matter your age, you can take steps each day to keep your blood pressure in a healthy range.

Many people with high blood pressure can lower their blood pressure into a healthy range or keep their numbers in a healthy range by making lifestyle changes. Talk with your health care team about:

Physical activity each week (about 30 minutes a day, 5 days a week)

Not smoking

Eating a healthy diet, including limiting sodium (salt) and alcohol

Keeping a healthy weight

Managing stress

In addition to making positive lifestyle changes, some people with high blood pressure need to take medicine to manage their blood pressure.

Talk with your health care team right away if:

You think you have high blood pressure.

If you've been told you have high blood pressure but do not have it under control.

*Have a blessed spring,
Your Parish Nurse*

<https://www.cdc.gov/high-blood-pressure/about/index.html>



5/1-David Peterson

5/8-Darby Poeschel

5/9-Karl Wogsland

5/11 Lucas Inderdahl

5/12-Ronald Johnson

5/12-Isaac Richter

5/13-Heidi Leiser-O'Neil

5/16-Owen Pingel

5/18-Ivabel Bassett

5/19-Roger Ellsworth

5/20-Al Suehring

5/22-Janet Zander

5/23- Cliff Schulz

5/24-Marjorie Graetz-Krogwold

5/27-Andrew Poeschel

5/28-Patti Carter

5/28-John Carter

5/29-Colton Johnson



- National Day of Prayer, May 7, 2026**
- Mother's Day, May 10, 2026**
- Ascension of the Lord, May 14, 2026**
- Armed Forces Day, May 16, 2026**
- Victoria Day [Canada], May 18, 2026**
- Day of Pentecost, May 24, 2026**
- Memorial Day, May 25, 2026**
- Trinity Sunday, May 31, 2026**

Bible Quiz

Although the apostle Paul is credited with writing the letter to the Romans, he dictated the message while another believer served as the scribe. Near the end of the letter, that writer briefly identifies himself. Who was it?

A. Tertius
B. Timothy
C. Lucius
D. Aquila

N New Hope SUNDAY SCHOOL



Preschool thru 6th grade are welcome to attend Sunday School at 9:30am before worship services. Noisy Offerings last Sunday of every month.

The New Hope Sunday school had a very eventful Palm Sunday. The children did a great job singing their new “Hosanna” song. Then we were joined by more children in the congregation to parade with the palms following Pastor Joyce. Lots of smiling faces. An egg hunt took place following worship. Thankfully the weather cooperated and our “Easter egg placement people” did a great job of getting them set out for us. The Sunday Schools’ Good Gifts project had filled Easter baskets available for a donation to Good Gifts. Thank you to all who took baskets and donated. We collected \$250.00. Congratulations to New Hope students taking the 1st Communion class: Porter Pierce, Kenzie & Evie Budsberg and Eli & Alaina Richter.

We are up to our eyeballs in fleece as of now. We have tied a good number of blankets so far and continue to do so. We will have a final count at a later date. students recently picked out what to “purchase” with our Good Gifts money. So far we have decided on a family farm, 2 sets of chicks and 2 roosters, a herd of goats, a set of honeybees, 3 piglets and a water filter. Our tractor Sunday produce stand, Christmas program offering and Easter basket sales funded our project.

Our last Sunday of classes for this year will be May 10th Resuming in the Fall.

FAITH SUNDAY SCHOOL

Sunday School held during worship in the Fireside room.



Please call or text Joshua Panter with questions. 715-340-8058

Congratulations to:
Kinley & Bo Niemuth and
Kylie & Logan Inderdahl
on their 1st communion!



Faith

Faith Coffee & Conversations
1st Sunday of the month,
following worship, during coffee hour.

North New Hope

North New Hope Coffee & Conversations
2nd Sunday the month, before worship, 10am.



***No Coffee & Conversations in May
Mother's Day!***



Sign up sheet on Faith bulletin board by north entrance.
Make coffee, serve desserts/treats, and clean up.

Sign up with family and/or friends.
MAY FAITH COFFEE HOUR SIGN UP

- 5/3/2026** Faith Council
- 5/10/2026** OPEN
- 5/17/2026** OPEN
- 5/24/2026** OPEN-Memorial Day/Weekend
- 5/31/2026** Lori, Phyllis, Judy, Patricia

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 FAITH Worship 8:45AM Coffee & Conversations following worship N New Hope Sunday School 10:30am Worship 10:30am	4 Office Closed	5 Faithful Knotters Meeting at 8:30 am	6	7 ADRC Senior Meal site @ Nelson-Kaminski Legion Hall, Rosholt. Age 60 or older. Suggested donation \$5	8 	9
10 Happy Mother's Day FAITH Worship 8:45am Coffee hour following N New Hope Sunday School 9:30am Worship 10:30am	11 Office Closed	12 Faithful Knotters meet at 8:30 am	13	14 ADRC Senior Meal site @ Nelson-Kaminski Legion Hall, Rosholt. Age 60 or older. Suggested donation \$5	15	16
17 Faith Worship 8:45am Coffee hour following N New Hope Sunday School on summer break, resuming in Fall Worship 10:30am	18 Office Closed	19 Faithful Knotters meet at 8:30am	20	21 ADRC Senior Meal Site @ Nelson-Kaminski Legion Hall, Rosholt. Age 60 or older. Suggested donation \$5	22	23
24 Faith Worship 8:45am coffee hour following N New Hope Sunday School on summer break, resuming in Fall Worship 10:30am	25 Office Closed 	26 Faithful Knotters meet at 8:30am	27	28 ADRC Senior Meal Site @ Nelson-Kaminski Legion Hall, Rosholt. Age 60 or older. Suggested donation \$5	29	30
31 Faith Worship 8:45am Coffee hour following N New Hope Sunday School on summer break, resuming in Fall Worship 10:30am Noisy Offering						



2026

BIBLE QUIZ: Answer: A (Romans 16:22)

Faith Council Highlight:

Meeting April 16, 2016 @ 6 P.M.

Glenn led the devotion: Living a life's experiences. Thank you, Glenn.

Pastor's report:

MSP (Ministry Site Profile) and who should be on this committee as we continue our journey in search of a new Pastor. Pastor Dara will be present on Wednesday, June 16th for a joint workshop with NNH at FLC for a dinner meeting of our "Purpose and Values".

Pastor to cover the new flag placement in response to a concern voiced by a member. Yes, we do listen!!!

Pastor taking a vacation April 27th-May 3rd.

Memorial Service for Jerry Landowski: TBD
More information to follow. We all miss you Jerry but are confident that God has you securely in His hands.

Reports: Treasurer's and Secretary's reports accepted. Budget reviewed to maintain as needed.

Chelsea reported that we have "Surprise Helpers" with parsonage and church grounds with clean-up. Thank you so much!!!!

Janet Zander will represent FLC at the Synod Assembly in June

Josh reported that NHS (National Honor Society) students will be present on April 29th to rake, clean up trash and pick up brush at the parsonage and church grounds.

Your Council welcomes your thoughts, ideas and concerns for discussion and response.

Closed meeting with the Lord's Prayer.

Next meeting: Thursday, May 21



FAITH WELCA NEWS

Faith WELCA Booklets-2025/2026

There are still a number of booklets on the table by the bulletin board. *Please* take your booklet to save WELCA the cost of mailing. Or take a friend's to them!

United Way Community Diaper & Hygiene Drive

Faith WELCA will again be a donation site for United Ways's Diaper Drive collecting on Mother's Day May 10th until Father's Day June 21st.

Needs are:

In-Kind donations
Diaper sizes 4-7 & Pull-ups Sizes 2T-5T
Wipes, Diaper Cream, and Shelf-Stable Formula.

Monetary Donations can be mailed to:
United Way of Portage County
2801 Hoover Rd. Unit 2
Stevens Point, WI 54481
Or online;
UnitedWayPoCo.org/Donate

FAITH WORSHIP HELPERS SIGN-UP SHEETS

Please sign up...we need your help!

Sign up to help by the week.
1 Leader (Council member)
and 3-4 helpers needed.

Sign-up Sheets on bulletin board by north entrance.



This summer, explore the nature of God at Rainforest Falls VBS!

What: OSLC Vacation Bible School ages 4 to sixth-grade

When: Sunday, June 14 -- Thursday, June 18

Time: 5 p.m. Light family supper, VBS 5:30-8 p.m.

Where: Our Savior's Lutheran Church, Iola

Register at: Coming Soon: In Person and Online Sign-ups

**N New Hope Lutheran Church
Council Meeting Minutes
March 22nd, 2026**

Attendance: Jim Hotvedt, Patti Gburek, Krys Ferg and Tammie Ellingson

Meeting called to order by Jim

Approval of February 22nd, meeting minutes:

Pattie motioned to approve, Jim seconded and minutes were approved

Pastor Report: Assigned tasks: Tammie to contact Michelle regarding the luncheon for first communion. She can charge the pizza and beverages to AFF. Krys: to contact Karen regarding new desk chair. The council felt the chair for Pastor should come from the Joint Council budget. The pastor report was reviewed and accepted as presented.

Financial Report: Patti motioned to approve, Jim seconded and report approved

New Business

No Gun signage requested by Town Board: Town board will purchase a sign and post it during their activities.

Old Business:

First Communion Class: menu- see Pastor Joyce's report. Council approved to pay for pizza and beverages.

Next Council Meeting is April 12th after worship

Lead Council Assignments:

March 22nd Jim

March 29th: Krys

April 2nd: Maundy Thursday Jim

April 3rd: Good Friday Michelle or Tammie

April 5th: {Easter} Krys and Tammie

April 12th Jim

Council meeting adjourned

**North New Hope Lutheran Church
Council Meeting Minutes**

April 12th, 2026

Attendance: Jim Hotvedt, Michelle Raddatz, Patti Gburek, Tammie Ellingson and Krys Ferg

Call to order: Jim called the meeting to order.

Approval of March 22nd, meeting minutes:

Patti motioned to approve and Michelle seconded. Minutes were approved

Pastor Report: Pastor unable to attend

Financial Report: Krys presented the financial report for March and April – month to date. Patti motioned to approve and Tammie seconded. Report was approved.

New Business

Gift card for Pastor Joyce. Pot luck details: There will be a special service for the first communion recipients/families on April 19th. It is also Pastor Joyce's birthday. Council approved a gift card and to purchase two cakes for the Pot luck.

Church cleanup: There will be a work group from NNH to assist with clean up of the downed trees. This will be in drier weather. To be announced later.

Birch trees out front: Council approved of a professional tree removal for the birch trees in the front of the church. Jim to contact this company.

Thoughts on Wi-Fi access: Council would like this to be password protected. Krys to work with Karen on this.

Old Business:

Next Council Meeting is May 17th at 9:30am

Lead Council Assignments:

April 19th: Michelle

April 26th: Jim

May 3rd: Tammie

May 10th: Krys

May 17th: Patti

**Faith Council Highlights:
Thursday, March 19, 2026 6 P.M.**

Attendance

Call to order at 6:02 P.M.

Devotion: Heidi will lead March meeting.

Treasurer's report: Accepted

Secretary's report: March 19th, 2026, meeting.

Reviewed and accepted/Accepted

Pastor's Report:

Communion Instruction: children total with Sparks

Bibles ordered

Midweek Wednesday reflections continue with attendance between 7-12 weekly

Holy Week schedule reviewed

Wedding: 4/18. Chelsea and Josh will handle rehearsal MSP/Call Committee questions to consider: "Who are we" and "What is God calling us to do" in preparation for Pastor Dara's visit.

Pastor Dara will be present for a dinner meeting/workshop with joint congregations

Topic: Purpose and Values r/t Holy Conversations. More info to follow.

Date: Wednesday, 6/14 @ FLC

Preaching and Worship schedules reviewed through August

Pastor's chair and counters chairs need replacing Parsonage Walk-Through committee will meet every 3 months: Mark (NNH) and Chelsea, Josh ND Glenn (NNH)

Flag placement discussed in response to member inquiry. Pastor Joyce will follow-up on the proper placement. Pastor will forward report findings.

Findings attached to minutes

VBS: Pastor Joyce suggested partnership with smaller congregation(s) ie: Tommorrow River. TBD at later time.

General Business:

Fellowship Hour: Council will continue to host the 1st Sunday of each month. Just bring whatever you wish to share with those attending after church.

Carol, don't forget the deviled eggs!!!!

Holy Conversations with Council updates will continue also at this

Congregational gathering.

Old Business:

Heidi will discuss with Tam-

mie regarding EPI Pen, 1st aid and defibrillator

Synod Assembly: 6 4-6 in Oshkosh at Waterfront

Marriott Hotel and Convention Center

Theme: "To Strive for Justice and Peace in all the

Earth". Janet Zander and Pastor to represent FLC.

Discussed need to update membership list in June

Puzzle!



In spring and summer, we remember mothers and fathers with special days. Find the parents of these Biblical children. Check the verse given for help.

Joash (2 Kings 11:2)	A _____
Obed (Matthew 1:5)	B _____
Joseph (Genesis 35: 22-24)	___ C ____
John the disciple (Matthew 4:21)	_____ D ____
John the Baptist (Luke 1:13)	__ E _____
Lo-Ruhamah (Hosea 1:6)	G _____
Jezreel (Hosea 1:4)	H _____
Esau (Genesis 25:28)	I _____
David (1 Samuel 16:19)	J _____
Jacob (Genesis 25:28)	_____ K ____
Samuel (1 Samuel 1:19-20)	__ L _____
Gershom (Exodus 2:21-22)	M _____
Samuel (1 Samuel 1:19-20)	_____ N ____
Jesse (Matthew 1:5)	O _____
Gershom (Exodus 2:21-22)	_____ P _____
Joseph (Genesis 35: 22-24)	R _____
Isaac (Genesis 21:3)	S _____
John the Baptist (Luke 1:13)	_____ T ____
Jonathan (1 Samuel 14:1)	___ U ____
Solomon (1 Kings 2:1)	___ V ____
Jesus (Matthew 1:18)	_____ Y
James (Matthew 4:21)	Z _____

Answers: Ahaziah, Boaz, Jacob, Zebedee, Zechariah, Gomer, Hosea, Isaac, Jesse, Rebekah, Ekanah, Moses, Hannah, Obed, Zipporah, Rachel, Sarah, Elizabeth, Saul, David, Mary, Zebedee

Commencing a Lifetime of Learning

What would you tell a young man or woman about to graduate?
One of the most common messages commencement speakers share is that graduates are indeed commencing. They are only just beginning to learn.

While they may rightly feel proud of finishing school, a few months in the working world often reveal how much they still do not know.

Christians who love God with their minds understand that truth frees us from ignorance and superstition. They also know that the joy of learning brings deep satisfaction and, in time, wisdom. That wisdom helps us evaluate what we have learned and use it well, so that knowledge becomes a tool for growth and faithful living.

Congratulations to all our graduates at Faith and North New Hope. Best Wishes for many successes.



MARK YOUR CALENDARS!!

WHEN: May 30th, 2026

WHERE: Main Street Rosholt

WHAT: Street Dance

WHY: Community Fun!!

4pm to 8pm

Family Friendly!!

Themes:

Rosholt thru the decades

Fabulous Fifties (dance theme)



© 1997 Beverly & Mike Elliott

Think: Sock Hop!

Poodle skirts, saddle shoes, rolled up jeans, white bobby socks, leather jackets, greased back hair, & ponytails!

Costume Contest!!

Bring your own lawn chairs and that 50's Spirit for a night of old fashion hometown fun!

**Sign up sheets in Narthex
Faith Lutheran Church
serving Lemonade
North New Hope Church
serving Popcorn**

Grateful for Those Who Gave All

We remember, O Lord, the men and women who have made the supreme sacrifice for our country. Help us never to breathe the air of freedom, claim the right to justice or enjoy the privilege of worship without deep gratitude for those who gave "the last full measure of devotion" for our sake.

May they now know the peace of eternity and the joy of your presence. Through Jesus Christ our Lord. Amen



Christian symbol

CEDAR TREE

A species of evergreen used to decorate for Christmas, the tall cedar tree symbolizes Christ's majesty year-round. Cedars of Lebanon, which have grown to 130 feet, were known to Old Testament people. "The trees of the LORD are well watered, the cedars of Lebanon that he planted" (Psalm 104:16, NIV). David's palace and both Solomon's palace and temple were built of cedar wood. The word cedar is found 75 times in the Bible. Due to its evergreen nature and longevity, this tree is associated with eternal life and thus sometimes used in cemetery landscaping.



If you are in need of pastoral care, such as a home or hospital visit, please contact the Church office at:

715-677-4631 or

email: faithnhope@wi-net.com

to arrange a visit.

First Communion Class

Pastor Joyce held a First Communion Class on March 29th (Palm Sunday) at North New Hope following their Sunday worship. Besides studying, there were several fun events. An Easter Egg Hunt for all children AND a pizza party for the First Communion students! With Maundy Thursday & Good Friday services canceled due to weather (and power outages!) It was decided to have a potluck dinner on Sunday April 19th. Just happened that April 19th was also Pastor Joyce's birthday! We had a wonderful gathering with both churches to celebrate First Communion and a birthday!



THANK YOU

A big THANK YOU to members at Faith and North New Hope!

The flowers are beautiful, the potluck and cakes (for both the First Communion youth at North New Hope and a birthday cake) were delicious, and all the birthday wishes made this birthday a special day.

Pastor Joyce