

Faith Lutheran - North New Hope Lutheran  
PO Box 6, Rosholt WI 54473 \*715-677-4631  
ELECTRONIC SERVICE REQUESTED

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**MARCH 2024 NEWSLETTER**

Dated Material—Do Not Delay

**FAITH LUTHERAN**

Worship & Sunday School—8:45 am

Fellowship: 9:45 am

**NORTH NEW HOPE**

Sunday School—9:45 am

Worship: 10:45 am

Holy Communion is celebrated the first and third  
Sunday of every month.

Pastor Michael Peuse

**OFFICE HOURS:** Tuesday-Friday 11am-3pm

**Church email:** [faithnhope@wi-net.com](mailto:faithnhope@wi-net.com)

**Church Website:** [www.faithandnewhope.com](http://www.faithandnewhope.com)

**AUTOMATIC/DIGITAL OFFERING**

Go to the church website [faithandnewhope.com](http://faithandnewhope.com),  
select the “support” tab at the top of the page, choose  
**DOWNLOAD PLANNED GIVING FORM HERE**,  
(for your church), fill out form, date, & sign.

Return form to church office  
or your Financial Secretary  
Char Schulist @ Faith  
or

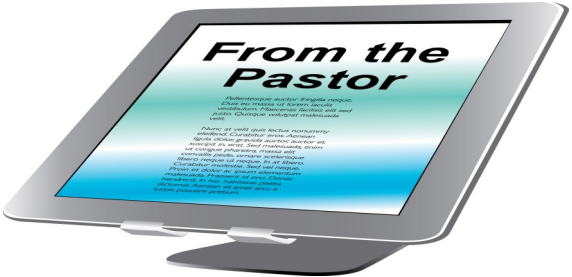
Krys Ferg @ North New Hope

So easy! No worries, no checks, giving is done!  
Helps plan church budget.  
Can sign up or cancel at any time!



# Faith & North New Hope Newsletter

2023 Vol 46...No 03



This year seems to bringing things early. It appears to be an early spring (compared to last year when there seemed no spring at all). With Ash Wednesday being in February in addition to a leap year, Easter arrives before we arrive in April!

Many of you have heard the sermon before, but here it is again. If you’re going to refrain from worship except for one, *Good Friday is the one you don’t miss*. Good Friday is the crux of our confession and our faith, and sadly it is also the least observed among us. Christmas is good, Easter is better, but Good Friday is the goodest/best. Yet, despite our disinterest, the promises of the most sacred of holy days hold true, as it is in the cross God’s promises are made good and given over to you. In the sacrament of Holy Baptism, it is at the cross where Christ trades his life for yours. In the sacrament of Holy Communion, the new Passover of our Lord is made complete when the body and blood of the Lamb of God is served and fed for the world for life and well-being.

In preparation for these most important holy days, I’m offering **formal instruction for Holy Communion** for those who have not yet gone through it, as well as for those who are interested in a refresher. It’s called **“Fed & Forgiven”**, and will take place on **Saturday, March 23rd**. Our younger students will have a morning session from 9a-12p and older students from 2-5p. We’ll be sharing in Bible study, prayer, and baking our own communion bread.

My prayer for you and our respective communities in this season is for deeper wonderment of how God continues to go with us and among us. Wonderment of God’s steadfastness of a loving father, wonderment of God’s willing vulnerability in the life of Jesus, wonderment of God’s constant companionship with us by the Holy Spirit.

I look forward to sharing with you these most important holy days of Holy Week and Easter; may God’s blessing be always upon you.

-RevMP





## PARISH NURSE ARTICLE

March 2024

### Kidney Disease

March is the National Kidney Month.

Here is some basic information about kidney health from the CDC website:

Our kidneys, each just the size of a computer mouse, filter all the blood in your body every 30 minutes. They work hard to remove wastes, toxins, and excess fluid. They also help control blood pressure, stimulate production of red blood cells, keep your bones healthy, and regulate blood chemicals that are essential to life. Kidneys that function properly are critical for maintaining good health, however, more than one in seven American adults are estimated to have chronic kidney disease (CKD). CKD is a condition in which the kidneys are damaged and cannot filter blood as well as they should. Because of this, excess fluid and waste from blood remain in the body and may cause other health problems, such as heart disease and stroke. CKD has varying levels of seriousness. It usually gets worse over time though treatment has been shown to slow progression. If left untreated, CKD can progress to kidney failure and early cardiovascular disease. When the kidneys stop working, dialysis or kidney transplant is needed for survival. Kidney failure treated with dialysis or kidney transplant is called end-stage renal disease. Not all patients with kidney disease progress to kidney failure. To help prevent CKD and lower the risk for kidney failure, control risk factors for CKD, get tested yearly, make lifestyle changes, take medicine as needed, and see your health care team regularly.

### Quick Facts:

Kidney diseases are a leading cause of death in the United States.

Early CKD has no signs or symptoms.

Specific blood & urine tests are needed to check

for CKD.

CKD tends to get worse over time.

CKD can be treated (earlier treatment starts the better).

CKD can progress to kidney failure.

### Kidney-Friendly Tips

Keep your blood pressure below 140/90 mm Hg (or the target your doctor establishes for you).

If you have diabetes, stay in your target blood sugar range as much as possible.

Get active—physical activity helps control blood pressure and blood sugar levels.

Lose weight if you're overweight.

Get tested for CKD regularly if you're at risk.

If you have CKD, meet with a dietitian to create a kidney-healthy eating plan. The plan may need to change as you get older or if your health status changes.

Take medications as instructed, and ask your doctor about blood pressure medicines which may protect your kidneys in addition to lowering blood pressure.

If you smoke, quit. Smoking can worsen kidney disease and interfere with medication that lowers blood pressure.

Include a kidney doctor (nephrologist) on your health care team.

Have a healthy spring,

Respectfully Submitted,

Your Parish Nurse

Source:

<https://www.cdc.gov/kidneydisease/basics.html>



3/2-Alyce Kolden

3/7-Joe Gburek

3/10-Lindsey Wogsland

3/13-Bette Kaniecki

3/18-Dawn LeNoble

3/18-Judy Johnson

3/18-Leslie Kuklinski

3/20-Erinn Tubbs

3/20-Melissa Richter

3/22-Paul Larson

3/23-Jett Tubbs

3/24-Allan O'Neil

3/25-Dan Colrud

3/25-Dave Colrud

3/25-Jakob Blenker

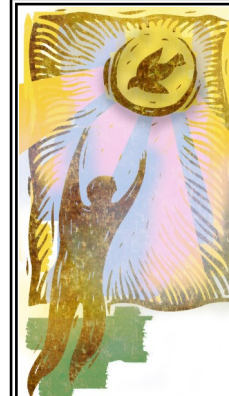
3/27-John Olstad

3/29-Dorothy Knopp

3/31-Clara Mae Knutson



- World Day of Prayer, *March 1, 2024*
- Daylight saving time begins, *March 10, 2024*
- First day of spring, *March 19, 2024*
- Holy Week, *March 24-31, 2024*
- Palm/Passion Sunday, *March 24, 2024*
- Maundy Thursday, *March 28, 2024*
- Good Friday, *March 29, 2024*
- Easter Sunday, *March 31, 2024*



### Bible Quiz

The "Christ hymn" in Philippians 2 proclaims that after Jesus humbled himself even to the point of death, God exalted him, and that eventually all will worship him. What two body parts are named as part of that worship?

- A. knee; tongue
- B. hands; feet
- C. arms; lips
- D. heart; mouth



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Pastor's Sabbath	2
3 Worship 8:45am at Faith with coffee hour following 10:45am worship at NNH	4 Office Closed	5 Faithful Knotters meet at 8:30 am	6 Bible Study @ 3:30pm online At NNH-Potluck 5pm. Lenten worship 6pm. Confirmation class @ NNH 7-8pm	7	8 Pastor's Sabbath	9
10 Worship 8:45am Faith with coffee hour. Spring Cleaning after coffee hour. NNH 9:30am Coffee & Conversation worship 10:45am	11 Office Closed	12 Faithful Knotters meet at 8:30am	13 Bible Study @ 3:30pm online At NNH-Potluck 5pm. Lenten worship 6pm Confirmation class @ NNH 7pm-8pm	14 ADRC Senior Meal site at Nelson-Kaminski Legion Hall Age 60 & older. Suggested donation \$5	15 Pastor's Sabbath	16
17 Worship 8:45am at Faith with coffee hour following 10:45am Worship at NNH	18 Office Closed	19 Faithful Knotters meet at 8:30am	20 Bible Study @ 3:30pm online At NNH Potluck 5pm. Lenten worship 6pm No Confirmation class	21	22 Pastor's Sabbath	23
24 Worship 8:45 @ Faith with coffee hour 10:45am worship NNH	25 Office Closed	26 Faithful Knotters meet at 8:30am	27 Bible Study @ 3:30pm online No Confirmation Class	28 MAUNDY THURSDAY Worship 4:30pm NNH & 6:30pm Faith ADRC Senior Meal site at Nelson-Kaminski Legion Hall	29 GOOD FRIDAY Worship 4:30pm NNH & 6:30pm Faith	30
31 EASTER Worship 8:45am @ Faith & 10:45am @ NNH w/Noisy Offering						

Reminder: Time and Talents Surveys are Due by Easter! (Sunday, March 31)

Please keep an eye out for a Time and Talents Survey & Membership information from your Joint Congregation Council Members. We're working on making sure our membership information is as accurate as can be, and we're also hoping you can share more about your own talents with respect to our shared ministry projects. You should receive the survey by mail the end of February/beginning of March, but please check in with the office if you need a copy. Please return survey responses by mail or in person to the church office by Sunday, March 31. Your feedback is greatly appreciated and will help us shape the future of our churches.

Thanks again!  
Chelsea Basset and Pat Ludeman

OLD FASHION SUNDAY DINNER

Faith Lutheran Church  
253 S. Main St, Rosholt, WI  
MARCH 17, 2024  
11 am – 1 pm

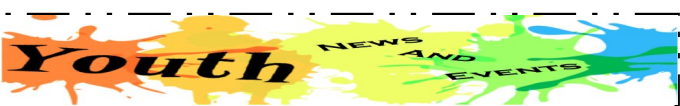


CORNERD BEEF DINNER

Serving: Corned Beef & Cabbage, Roast Pork, potatoes, Irish Soda Bread, vegetable, beverage & dessert

ADULTS: \$15.00  
5 TO 11 YEARS OLD: \$ 7.00  
4 YEARS AND YOUNGER: FREE

Handicap Accessible  
Call 715-677-4631 for Carry Outs  
Proceeds for Faith Lutheran ministries



JOINT YOUTH GROUP

Youth Group meets every other Sunday night in the Fireside Room at Faith Church at 7:00 pm. For approximately an hour. Updates are shared via text and our Youth Group Facebook page. Contact Naomi, [naomi.peuse@gmail.com](mailto:naomi.peuse@gmail.com) or call (715) 677-4994

Youth Group Celebrates Mardi Gras Dinner Turnout by Michael Bassett

Thank you so much to all the volunteers and guests who supported our Mardi Gras dinner on Sunday, February 18! The event was a huge success with 127 dinners sold and the meal was delicious, with special thanks to Karen Johnson for all her work in creating the meal and keeping us busy, even though we cried a lot over the onion chopping. It was such a pleasure to share this meal with you all, and we look forward to participating in more community events.

Watch Bulletins and Newsletters for more National Youth Gathering (July 2024) fund raising events!!



NORTH NEW HOPE SUNDAY SCHOOL

9:45am before worship services. Noisy Offerings last Sunday of every month. The New Hope Sunday school will be hosting an Easter egg hunt coming up in a few short weeks on Sunday March 31st. Be sure to spread the word and join us Easter Sunday.

We also received a couple nice thank you emails from the emergency departments at Plover Aspirus and St Michael's . The blankets the kids made and delivered were well received.

FAITH SUNDAY SCHOOL

Sunday School held during worship Children of all ages and all spirits are welcome. Please call or text Joshua Panter (715.340.8058)



The Endowment Grants were distributed at Faith Lutheran on February 11, 2024. We gave out \$8,134 in total to the following groups-United Way of Portage County, Rosholt Area Friends of the Arts (RAFA), Three Bridges Recovery WI, Inc., Portage Co HHS-Division of Public Health, Boys & Girls Club of Portage Co., Evergreen Community Initiatives (ECI), Rosholt Fair Association, and ELCA Youth Gathering 2024. Congratulations to all these worthy groups.

### North New Hope Coffee & Conversation

Please join us for the first "Coffee & Conversation" gathering on March 10th at 9:30am. The topic will be to consider our outreach plans for the future of NNH. We hope to see you there!

Future "Coffee & Conversation" gatherings will be on the 2nd Sunday of the month (topics to be determined).

### SPRING CLEANING AT FAITH

Sunday March 10th after coffee hour, Faith will do a little spring cleaning! Plan on helping. Many hands make light work. Watch for more details in bulletins.

### FAITH COFFEE HOUR SIGN UP

3/3/2024	OPEN
3/10/2024	Pat Johnson/Carol Schulz
3/17/2024	Sunday Dinner
3/24/2024	OPEN
3/31/2024	EASTER



### Acknowledgement of Memorial Donations

by Chelsea Bassett, Faith Church Council Secretary

We are so grateful to all of the congregation members who have submitted Memorial donations in memory of loved ones over the past years. We traditionally have **not** published lists of memorials in the newsletters or bulletins, but at our recent February council meeting, we discussed ways we can create and publish an end of year report, listing just the names for Memorial donations (no amounts).

If you would like to honor a loved one with a Memorial donation, please remember that you are welcome to designate your Memorial gifts to particular funds or as undesignated memorials, if you prefer. We will plan to list your name and your loved ones' name in our end of year list unless you request that your contribution remain anonymous.



**CROSSWAYS**  
CAMPING MINISTRIES

### Camp Employment

Energetic young adult camp staff change the lives of campers. In addition, we've seen time after time that it changes their own lives too! Formative faith experiences at camp compliment engaged congregational life for young people. Is there a young adult in your life who would make a strong member of the Crossways Summer Team? Your encouragement may be just what the need to take the steps to apply. Applications are open at :

[CrosswaysCamps.org/employment](https://CrosswaysCamps.org/employment)

### Crossways Camping Ministries Annual Meeting

The Crossways Annual Meeting will be on Saturday, March 16th at St. Mark's Lutheran Church, Neenah. We are excited to share a report about the ministry of 2023 and share plans for 2024 and beyond! Registration begins at 9:30 a.m., with the meeting from 10:00 AM to Noon. Congregations in good standing, may elect up to two individuals to have voting privileges at this meeting. Please let us know who your delegates will be by emailing [info@crosswayscamps.org](mailto:info@crosswayscamps.org) or completing the form on website. **Please RSVP by March 6th!**

### 1/21/24 NNH Council Meeting Minutes

Preparation to the Annual Meeting

**Members present:** Pat Ludeman, Krys Ferg, Melissa Richter and Emily Wogsland.

**Financial Secretary's Report:** Krys went over the financials for the end of 2023 and the 2024 proposed budget. Emily made a motion to approve the report, Melissa seconded. The 2023 and 2024 expense reports will be available at the Annual Meeting on 1/28/24 at NNH. Pat went over all the items on the agenda for the Annual Meeting. Emily made a motion to approve, Melissa seconded.

### 2/5/24 NNH Council Meeting Minutes

**Members Present:** Pat Ludeman, Melissa Richter, Krys Ferg, Patti Gburek, Tammie Ellingson, Mark Ellingson, Emily Wogsland and Pastor Mike. The meeting was called to order by Pat. Officers were elected. Pat Ludeman: President, Tammie Ellingson: Vice President, Emily Wogsland: Secretary, Melissa: Treasurer and Krys Ferg will continue to be Financial Secretary.

**Secretary's Report:** The minutes from the January meeting and the Annual Congregational meeting were reviewed. Tammie made a motion to approve, seconded by Patti, motion carried.

**Pastor's Report:** We are approaching the Lenten season and we will be revisiting Baptism and Baptismal promises during this time. Pastor Mike will be taking a few days off in the future but those dates are not solidified.

**Financial Secretary's Report:** Krys updated the council on January expenses. The expenses are as expected for the month and within budget. \$12,398.88 is left in Operations. Krys estimated this would last 2 months without withdrawing from the savings account. Krys proposed designating all Thrivent donations to Missions. Instead of being split up between Operations, Endowment, Building & Maintenance and Missions. This will help cover the cost of our Mission Pledge. Pastor Mike made a motion to approve this change, Melissa seconded, motion carried. Patti made a motion to approve the Financial Secretary's Report, Melissa seconded, motion carried.

**Old Business:** Mark proposed new cemetery plot fees for NNH. The new proposal is: for Congregation Members: \$200 Gravesite and \$800 per lot (4 gravesites per lot). For Non-members: \$400 Gravesite and \$1600 per lot (4 gravesites per lot). Effective June 1st, 2024. Tammie made a motion to approve the cemetery plot changes, Patti seconded, motion carried. (continued next column)

New Hope Town Board Meeting: **March 19th at 7:00pm - NNH** Lent begins February 14th, Ash Wednesday. Service starts at 4:30pm at NNH. Midweek Lenten services after Ash Wednesday will be at 6:00pm, with a 5:00pm potluck beforehand. Please bring a dish to pass!

The building fee schedule is in process. Checklists for opening and closing the church were gone over by the council with editing. At the March meeting, Emily will bring the revised version.

Melum Masonry gave us an estimate of \$5,365 to do the tuckpointing. However, he feels it is important to give back to the community who has supported his family's 3rd generation masonry business. He enjoys finding good causes and he has relatives who were early members of NNH and are buried in our cemetery so he chose NNH as one of two projects to donate his expertise and materials. He is donating the entire \$5,365!

**New Business:** Mark and Tammie will contact an exterminator to address the wasp problem in the belltower.

Krys and Pat are in the process of developing a Building and Grounds Committee. In hopes to reach our goals and save on expenses. Fundraising ideas for cleaning and repainting the roof will be discussed further. The idea of adding our church to school lists as a place to volunteer was also discussed.

The 2nd Sunday of the month will be dedicated to a Coffee Hour before worship! Coffee, muffins, donuts and discussion! Please join us on **March 10th at 9:30am** for a wide range of topics on the future of NNH. Hope to see you there!

Pat shared a time and talents form Karen and Chelsea have been working on. This will provide an inventory of our congregation's time, talents, willingness and abilities for a variety of projects and opportunities.

Tammie made a motion to adjourn the meeting, seconded by Pastor Mike, motion carried.

Next NNH Council Meeting: **March 18th at 5:30pm - NNH**

Next Joint Council Meeting: **March 11th at 6:00pm**



**If you are in need of pastoral care, such as a home or hospital visit, please contact the Church Office @715-677-4631 or email: [faithnhope@wi-net.com](mailto:faithnhope@wi-net.com) to arrange a visit.**