



This is the time of year we are out in our gardens. Here are some health tips for gardening!

Gardening can be a great way to enjoy the outdoors, get physical activity, beautify the community, and grow nutritious fruits and vegetables. If you are a beginner or expert gardener, health and safety should always be a priority. Below are some tips to help keep you safe and healthy so that you can enjoy the beauty and fun that gardening can bring.

Dress to protect.

Gear up to protect yourself from lawn and garden pests, harmful chemicals, sharp or motorized equipment, insects, and harmful rays of too much sun. Wear safety goggles, sturdy shoes, and long pants to prevent injury when using power tools and equipment.

Protect your hearing when using machinery. If you have to raise your voice to talk to someone who is an arm's length away, the noise can be potentially harmful to your hearing.

Wear gloves to lower the risk for skin irritations, cuts, and certain contaminants.

Use insect repellent containing DEET. Protect yourself from diseases caused by mosquitoes and ticks. Wear long-sleeved shirts, and pants tucked in your socks. You may also want to wear high rubber boots since ticks are usually located close to the ground.

Lower your risk for sunburn and skin cancer. Wear long sleeves, wide-brimmed hats, sun shades, and sunscreen with sun protective factor (SPF) 15 or higher.

Prevent injury.

Powered and unpowered tools and equipment can cause serious injury. Limit distractions, use chemicals and equipment properly, and be aware of hazards to lower your risk for injury.

Make sure equipment is working properly.

Sharpen tools carefully.

Keep harmful chemicals, tools, and equipment out of children's reach.

Know your limits in the heat.

Even being out for short periods of time in high temperatures can cause serious health problems. Monitor your activities and time in the sun to lower your risk for heat-related illness.

If you're outside in hot weather for most of the day you'll need to make an effort to drink more fluids.

Avoid drinking liquids that contain alcohol or large amounts of sugar, especially in the heat.

Take breaks often. Try to rest in shaded areas so that your

body's thermostat will have a chance to recover. Stop working if you experience breathlessness or muscle soreness.

Pay attention to signs of heat-related illness, including extremely high body temperature, headache, rapid pulse, dizziness, nausea, confusion, or unconsciousness.

Watch people who are at higher risk for heat-related illness, including infants and children up to four years of age; people 65 years of age or older; people who are overweight; people who push themselves too hard during work or exercise; and people who are physically ill or who take certain medications (i.e. for depression, insomnia, or poor circulation).

Tips for persons with disabilities and physical activity.

Talk to your health care provider if you have physical, mental, or environmental concerns that may impair your ability to work in the garden safely.

If you have arthritis, use tools that are easy to grasp and that fit your ability. Research shows that 2½ hours per week of moderate physical activity can give you more energy and can help relieve arthritis pain and stiffness.

If you are taking medications that may make you drowsy or impair your judgment or reaction time, don't operate machinery, climb ladders, or do activities that may increase your risk for injury.

Listen to your body. Monitor your heart rate, level of fatigue, and physical discomfort.

Call 911 if you get injured, experience chest and arm pain, dizziness, lightheadedness, or heat-related illness.

Be active for at least 2½ hours a week. Include activities that raise your breathing and heart rates and that strengthen your muscles. Help kids and teens be active for at least 1 hour a day.

If you have been inactive, start out with just a few minutes of physical activity each day. Gradually build up time and intensity.

Get vaccinated.

Vaccinations can prevent many diseases and save lives. All adults should get a tetanus vaccination every 10 years. Tetanus lives in the soil and enters the body through breaks in the skin. Because gardeners use sharp tools, dig in the dirt, and handle plants with sharp points, they are particularly prone to tetanus infections. Before you start gardening this season, make sure your tetanus/diphtheria (Td) vaccination is up to date.

Ask your health care provider if you need any other vaccinations.

Have a fun, safe and productive garden this year!

Respectfully submitted,

Your Parish Nurse

Source: <https://www.cdc.gov/family/gardening/index.htm>



DAY CAMP

CROSSWAYS CAMPING MINISTRIES

Mark Your Calendars

Crossways Day Camp will be held at Faith Lutheran Church,

June 25—29, 2018

Open to all 1st through 6th grade children.

Join us for a fun-filled week of arts, crafts, worship, outside water games, field trips & nature activities.

Snacks & lunch are provided.

Come & join the fun!

Monday—Thursday: 9 am—3 pm

Friday: 9 am—Noon

Registration forms are available in the Narthex at both Churches or on our website: faithandnewhope.com

Brunch with Baby to be

Baby Shower for Kim Fuller

Saturday, June 23, 2018

10 am

North New Hope Church

Gender Neutral

Kim is currently registered at Target and may register on Amazon.com

Please join us!



Thank you to all who helped with the Old Fashioned Sunday Dinner on April 22, especially:

Karen Johnson, Suzi Limberg, Lori Teuchert, Lois Thorp, Phyllis Landowski, Kristin Buske, Norma Anderson, Dorothy Knopp, Karen Dobbe, Erica Shields, Craig Anderson, Faye Yenter, Betsy Suehring, Dave Colrud, Char Schulist, Bev Carter, Julie Firkus, Darlene Knitter, Larry & Jill Kumenius, Carol Lautenbach, Clara Mae Knutson, Joshua Panter, Chelsea Bassett, Kevin Limberg, Cliff & Carol Schulz, Rich, Rachel & Daniel Kurszewski (and any others that may have been missed), we appreciate you!



NO BAKE SALE

No Bake Bake Sale at North New Hope during the month of June. You are invited to NOT bake a cake, pie, cookies or brownies. A basket will be provided in the Narthex throughout the month of June for your gifts or you may mail to North New Hope, PO Box 6, Rosholt, WI 54473. *Without fuss or bother, you've done your part. We hope you'll give with a willing heart.* Thank you for supporting the North New Hope Ladies Bakeless Bake Sale.

Without fuss or bother, you've done your part. We hope you'll give with a willing heart. Thank you for supporting the North New Hope Ladies Bakeless Bake Sale.

Please join us on Sunday, June 17 at 10:30 am and Sunday, July 15 at 10:30 am for our monthly North New Hope Ladies WELCA Meeting.





06/02- Michael Bassett

06/04- Kevin Buse

06/04- Lisa O'Neil

06/07- David Kolden

06/09- Linford Larson

06/09- Natalie Nyen

06/10- Robin Farrell

06/10- Lyndsey Herek

06/12- Amber Buckles

06/12- Gage Glodowski

06/14- Jeanette Erickson

06/14- Macey Fleming

06/17- Koren Kurszewski

06/17- Joan Larson

06/18- Kara Dobbe

06/21- Betty Williams

06/22- Wanetta Barikmo

06/24- Paul Isaacson

06/26- Suzanne Limberg

06/29- Karen Ellsworth



07/02- Beverly Carter

07/03- Margaret Larson

07/06- Tom Nykl

07/10- Jamie Budsberg

07/11- Norma Anderson

07/11- Char Schulist

07/12- Jeanette Zdroik

07/14- Robert Clark

07/14- Kaleb DeLaet

07/17- Gloriette Rutz

07/20- Kelly Hartvig

07/23- Willem Peuse

07/23- Betty Sadogierski

07/24- Carly Herek

07/25- Julie Firkus

07/26- Michelle Raddatz

07/27- Bob Dobbe

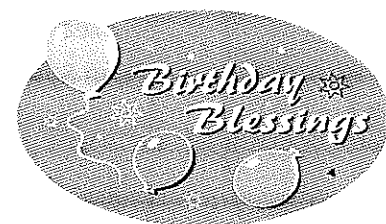
07/28- Donna Amundson

07/29- Richard Wilke

07/31- Tammie Ellingson



Happy Birthday!



Happy Birthday!

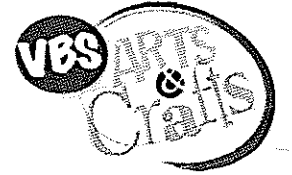


DAY CAMP
CROSSWAYS CAMPING MINISTRIES

Held at Faith Lutheran Church

253 S Main St, Rosholt

June 25-29, 2018



Open to all 1st through 6th grade children. Sign up for a fun-filled week of arts, crafts, worship, outside water games, field trips & nature activities. Snacks & lunches are provided.

COME & JOIN THE FUN!!

Mon - Thur: 9 am - 3 pm; Fri: 9 am - Noon

Day Camp Registration Form

Child's Name _____ Age _____

Parent/Guardian Name _____

Home Address _____

Home Phone _____ Cell/Work Phone _____

Contact Faith Lutheran Church at 715-677-4631 or faithnhope@wi-net.com to register.

Visit our Church Website at www.faithandnewhope.com.

Lunches and snacks are provided. A team of energetic, well-trained college age staff from Crossways Camping Ministries, with the help of congregational volunteers will run a high quality week of summer camp for your child. Please return this form with a \$20 fee per family (to cover food costs) to:

Joint Lutheran Parish, P.O. Box 6, Rosholt, WI 54473.

12th Annual Drive Your Tractor To Church

North New Hope & Faith Lutheran invite you to our 12th Annual Drive Your Tractor to Church event on Sunday, August 12, 2018.

Held at North New Hope Church

Early Bird Tractor Parking & Registration at 8 am

Music, Outdoor Church Service, Theme Basket Auction, Lunch at Noon & Hay Wagon Rides.

Everything is held outside, please bring your lawn chairs!



Worship Helpers

June Altar Guild— F

Jackie Gehm & Evett Hartvig

July Altar Guild— F

Betty Sadogierski & Lois Thorp

June Altar Guild— NNH

Marge Krogwold & Sarah Wilke

July Altar Guild— NNH

Wayne & Linda Carey

Lector Schedule—Faith

June

3- Betsy Suehring
10- Faye Yenter
17- Bob Dobbe
24- Kathie Grill

Usher Schedule-Faith

June

3- Steve Grill & John Farrell
10- Alan Carter & Volunteer
17- Cliff & Carol Schulz
24- John & Bev Carter

Greeter Schedule-Faith

June

3- Bill Dobbe Family
10- Norma Anderson
17- Bob & Jackie Gehm
24- Duane & Joan Dobbe

Lector Schedule-NNH

June

3- Marge Krogwold
10- Ruth Aanurd
17- Audrey Strack
24- Gage Glodowski

Lector Schedule— Faith

July

1- Janet Zander
8- Jackie Gehm
15- Bob Dobbe
22- Alan Carter
29- Faye Yenter

July

1- Steve Grill & John Farrell
8- Alan Carter & Volunteer
15- Cliff & Carol Schulz
22- John & Bev Carter
29- Steve Grill & John Farrell

Greeter Schedule— Faith

July

1- Al & Janet Zander
8- Norma Anderson
15- Julie Firkus
22- Bill Dobbe Family
29- Volunteers

Lector Schedule-Faith

August

5- Deb Lemke
12- Tractor Sunday at NH
19- Kathie Grill
26- Karen Johnson

Usher Schedule-Faith

August

5- Alan Carter & Volunteer
12- Tractor Sunday at NH
19- Cliff & Carol Schulz
26- John & Bev Carter

Greeter Schedule-Faith

August

5- Bob & Jackie Gehm
12- Tractor Sunday at NH
19- Norma Anderson
26- Volunteers

Lector Schedule-NNH

August

5- Marge Krogwold
12- Ruth Aanrud
19- Audrey Strack
26- Mara Raddatz

Thank you to our wonderful volunteers!

If you are unable to serve on your scheduled day, please find a replacement and let the Church Office know. Thank you!



FAITH COUNCIL MEETING MINUTES –

April 23, 2018

Attendance

Pastor Mike, Bob Dobbe, Bev Carter, Char Schulist, Larry Kumenius, Bill Dobbe, Karen Johnson, and Chelsea Bassett.

Called to Order

Karen shared some thoughts with us regarding what would work well for a fall festival/Steak Feed at McZ's in October.

The Secretary's Report from February was reviewed and approved.

The Treasurer's Report from February was reviewed and approved.

Old Business

The October 6 date for a Steak Feed at McZ's has been confirmed by Kate and is being coordinated by Jan Kraetsch. Bob confirmed that our raffle license has been renewed. Kate is helping to cover music.

A third party inspection of the church property was completed. We still need to review the full report at a later meeting.

Office hours adjustment since our last meeting seem to be fine.

Furnace and heat updates: The boiler is not working at full capacity. We're working out who else we can contact for an estimate or diagnosis of what needs to be done to definitively fix everything. We're also aiming to make sure the electric heat units in the hall and hospitality spaces are fixed and ready to go well before next fall.

New Business

There was a PCHS health review of the facilities. We're in compliance for another year.

We talked about how we can make sure that our notification channels are clear.

Bev checked to confirm that we're all up to sponsoring Bingo at the fair again this year.

Our renewal date for insurance is in July. Bob is communicating with the agency about this.

Our next council meeting will be at Faith Lutheran Church on Monday, May 14 at 6:30 p.m.

Respectfully Submitted,
Chelsea Bassett, Secretary



Congratulations 2018 Graduates of Faith & North New Hope Churches:

Elizabeth Dobbe

&

Sawyer Flemming



Youth Group Dates

June 10 & 24 - Parsonage at 8 PM

July 8 & 29 - Parsonage at 8 PM



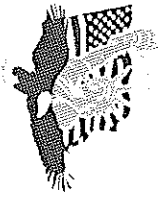
August 12 - Parsonage at 8 PM

August 19 - Parsonage at 5 PM


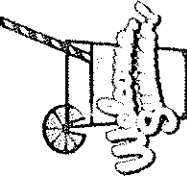
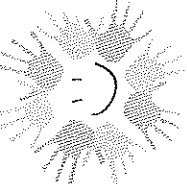

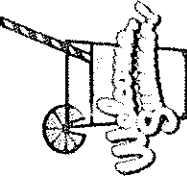





July 2018

Please watch the summer bulletins for any updates or changes. Thank you!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Holy Communion	2 Office Closed	3 Faithful Knotters meet at 9 am	4 	5	6	7
8 Service of the Word	9 Office Closed	10 Faithful Knotters meet at 9 am Homme Home Birthday Party	11	12 Faith Ladies Bible Study @ 1:30 pm	13	14
15 Holy Communion	16 Office Closed Joint Meeting of the Councils at 6 pm at NNH. Individual Mtgs at 7 pm	17 Faithful Knotters meet at 9 am	18	19	20	21
22 Service of the Word	23 Office Closed	24 Faithful Knotters meet at 9 am	25 	26 	27	28
29 Service of the Word	30 Office Closed	31 Faithful Knotters meet at 9 am				

August 2018						
S	M	T	W	T	F	S
	1	2	3	4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

30 Day Camp 6 am—Noon	62	88	22	20	92	52	42 Service of the Word
23	22	12	20	19 Faithful Knotters meet at 9 am NNH Council Mtg @ 9 pm	18 Office Closed Faith Council Mtg @ 6:30 pm	18 Holy Communion 	17
16	15	14 Faith Ladies Bible Study at 1:30 pm	13	12 Faithful Knotters meet at 9 am	11 Office Closed	11 Service of the Word	10
9	8	7	6 Faithful Knotters meet at 9 am	5 Faithful Knotters meet at 9 am 	4 Office Closed	4 Holy Communion	3
2	1						10 Service of the Word 

Please watch the summer bulletins for any updates or changes. Thank you!

June 2018

Strengths: "We are incredible at..."

■ What would the community say are the strengths of our ministry?

■ What assets & resources do we possess? (financial, property, key relationships, or maybe just awesome people)?

■ What needs are we meeting in the community?

■ What are we doing well?

■ What can we celebrate?

■ What should we continue doing because we do it better than most?

■ What is growing?

■ Where do people seem particularly fulfilled?

■ What/Who do we thank God for?

Weaknesses: "We are pretty much bad at..."

■ What would the community say are some weaknesses that are present?

■ What community needs we are not meeting?

■ What is not working well? What do we not do well?

■ What can be improved?

■ What needs to be removed altogether?

■ How can we avoid asking, "Who is to blame?" and instead ask, "What went wrong?" and "How can we avoid that in the future?"

■ What appears to be declining?

■ Which areas of church seem tired? Or too busy?

■ What/Who most needs our prayers?

Joint Meeting of the Councils

April 23, 2018 at Faith

Members Present

Bob Dobbe, Bev Carter, Char Schulist, Larry Kumenius, Chelsea Bassett, Karen Johnson, Dan Glodowski, Zack Fuller, Lizzie Gburek, Pat Ludeman, Pastor Mike.

Welcome and Call to Order

The Secretary's Report from December was approved.

The Treasurer's Report from December was approved.

Pastor's Updates

Pastor will not be here this next Sunday. Betsie Graham will be leading service.

Pastor will be on sabbatical from June 1 through August 31. We reviewed an update on pulpit supply and who will be working with us during Pastor's sabbatical. Pastor will likely be traveling to New York as part of his sabbatical research in July.

Next year: There could be a change to Holy Week service times, since 7:30 evening services get too late! We discussed changing these times to coincide with our 4:30 and 6:30 p.m. mid-week times so they're a little earlier.

Our handling of the snow day in April and making the decision to call church off early went well. General process: Pastor connects with council presidents early in the morning to determine whether church should be cancelled. In this case, it was pretty obvious that it was safer to make sure everyone stayed home!

Pastor's been scheduling visits, but the number of people he visits is really low. He's now visiting most individuals quarterly.

North New Hope members are enjoying a First Communion celebration on May 6.

Synod Assembly meeting is coming up on May 18: Mark and Tammy from New Hope and Chelsea from Faith are attending.

Drive Your Tractor to Church Update

We compared two options for button designs and agreed that we all like the gold color in honor of the events "golden anniversary."

300 buttons were ordered last year. We agreed that decreasing this count to 250 would be sufficient.

Niemuth's is scheduled for the pig roast again. We planned for 325 last year and there was no food left! We agreed it would be good to plan for 350 this year.

Historically, we donate to local groups and ask them to all participate. We agreed that we'll collect the funds, make sure costs are covered and then divide remaining donations amongst local groups.

Scheduling kitchen help has been a challenge. We recommended signup sheets for scheduling specific groups of people and making sure all times are covered could be helpful.

Musicians have been confirmed.

We discussed possibilities for selling t-shirts as an additional fundraiser.

Rejuvenating our Communities

Pastor invited us to contemplate what it means to prune back the vine and allow fruit to grow, and how this could be applied to our church. We discussed ways to reinvigorate our communities, including the possible participation in a Reimagining Church program.

Council members shared stories and possibilities from other congregations and events about ways we could grow our community and focus our efforts on what really works for where we are now.

Our next Joint Council Meeting will be on Monday, July 16 at 6:00 p.m. at New Hope.

Respectfully Submitted, Chelsea Bassett,
Faith Lutheran Council Secretary

TRACTOR SUNDAY

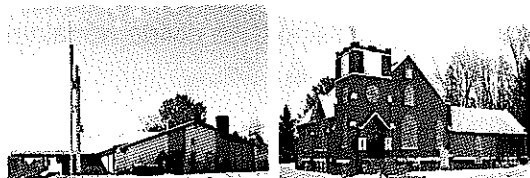
AUGUST 12, 2018

Volunteers are needed for Tractor Sunday set up and take down. We will also need volunteers to help in the kitchen with clean up. Please watch for sign-up sheets at both churches, coming soon.

Theme baskets for our auction and pies will also be needed. Thank you in advance!



Faith Lutheran - North New Hope Lutheran
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Faith & New Hope Newsletter

2017 Vol 40...No 6 & 7

JUNE/JULY 2018 NEWSLETTER

Dated Material—Do Not Delay

FAITH

Worship & Sunday School—8:45 am

Fellowship: 9:45 am

NORTH NEW HOPE

Sunday School—9:45 am

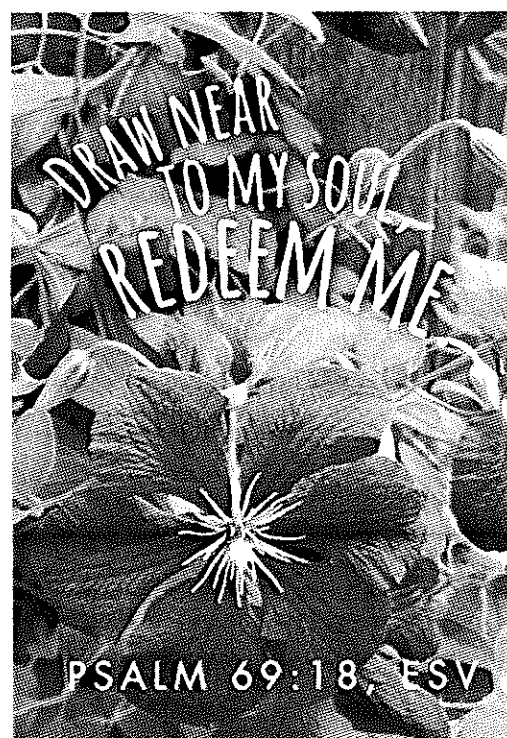
Worship: 10:45 am

Holy Communion is celebrated the first and third Sunday of every month.

Pastor Michael Peuse

Church email: faithnhope@wi-net.com

Church Website: www.faithandnewhope.com



From the Pastor

This summer as we participate in “mission visioning” together, you are invited to explore a variety of questions shared here, in this newsletter, as well as weekly when the church gathers for worship on Sunday mornings. This is your opportunity to participate in exploring where the Holy Spirit is leading us and glimpsing the future God is inviting us into as we explore what God is up to in our communities.

This June/July newsletter is the start of our exploration together of the Spirit’s doings among us. The first step in our mission visioning is taking inventory of current ministry and its resources. For these next two months, we’re asking you to take stock of your church’s strengths and weaknesses.

This page is intended for you to remove and return to the church office or turn into the offering plate during worship. On the back side, you will find a few questions pertaining to each - strengths, weaknesses. Please take a moment to jot down your answers and ideas to each. We will do this also in the August and September newsletters, albeit with different themed questions.

Your responses will be gathered and compiled by your council (each for Faith and North New Hope), taking in-

ventory of common themes and then, in time, reporting with you what you’ve shared.

Please share my thanks and appreciation along with your welcome for our guest preachers throughout summer. They too could have taken the summer off, but instead have agreed to share God’s Word with us, and for them we give our thanks and praise.

One last thing...thank you. This sabbatical over the summer is not only needed, but greatly appreciated. While I am traveling a bit, it won’t be extensive so I may see you around from time to time. However, in order for this sabbatical to be the necessary break and rest from the regular rigors of full-time ministry, you will not see me and my family in worship, as we will be visiting and worshipping with our neighboring partner congregations.

To be sure, we will miss you and shall very much look forward to returning this Fall.

Pastor Mike

DON'T MISS IT!

REGISTER FOR
vacation
Bible
School

Registration forms can be found online at: faithandnewhope.com or in the Narthex at both churches.