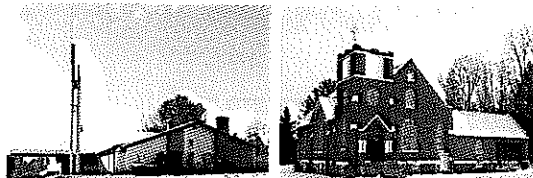


Faith Lutheran - North New Hope Lutheran
PO Box 6, Rosholt WI 54473 715-677-4631
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Faith & New Hope Newsletter

2018 Vol 40...No 4



For those of us living in the northern hemisphere of our planet, the spring season is the best living metaphor for the reality of Easter.

The first "official" day of spring was March 20th, one of two days of the year when the amount of daylight is equal to the amount of night. Since Christmas, the days have been growing longer and longer while the nights have gone shorter. Having past the threshold from winter into spring, the daylight hours are now more than the nighttime hours. In mid February as the mercury slowly rises and the ground thaws, the trees are running sap to nourish the coming bloom of leaves as well as provide maple syrup makers the means to provide nectar to lather upon pancakes and French toast. Flower bulbs have been dormant, hibernating under winter's blanket, and now awakened upon the snow blanket pulled back, pushing their shoots through the soil and reaching for the sun and stars.

Just when we think spring made its arrival in the early days of March, it snowed, like a second winter. Let's not kid ourselves, there is still room for a third winter. We live in the upper midwest, and it has snowed in April four of the past five years.

Nice try winter, but your eviction notice has been served. No matter how hard winter tries to hold onto us, it won't win. Spring has sprung, the earth is no longer leaning away from the sun, but is now tilting

toward the sun, and the spring blooms are on their way.

No matter how hard death and sin tries to hold onto us, they won't win, they can't, for the cross has stripped them of that power. The rock has been rolled away, the tomb is empty, and the Resurrection lives and breathes in us - the body of Christ. We are the embodiment of God's promises in Christ, promises of a new life. Together, we live out these promises for ourselves and for our neighbor through our discipleship, through our vocations, jobs, & careers, our volunteering and generosity, by our civic engagement and respectful debates, we are the living witness to God's promise of peace and hope. Death is dead; in Christ's Resurrection, the same Resurrection we live as the body of Christ, life abounds.

Goodbye winter. Hello Spring! Alleluia!



March 29, Maundy Thursday— 4:30 pm at North New Hope; 7:30 pm at Faith.

March 30, Good Friday— 4:30 pm at North New Hope; 7:30 pm at Faith.

April 1, Easter Sunday— 8:45 am at Faith; 10:45 am at North New Hope

APRIL 2018 NEWSLETTER

Dated Material—Do Not Delay

FAITH

Worship & Sunday School—8:45 am
Fellowship: 9:45 am

NORTH NEW HOPE

Sunday School—9:45 am
Worship: 10:45 am

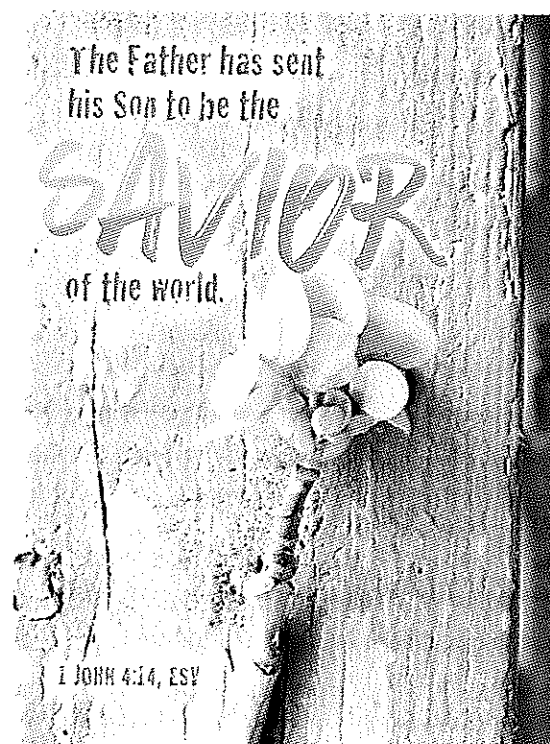
Holy Communion is celebrated the first and third Sunday of every month.

Pastor Michael Peuse

Church email: faithnhope@wi-net.com

Church Website: www.faithandnewhope.com

Church Phone Number— 715-677-4631



Thank you!

Thank you to all who helped with the
Old Fashioned Sunday Dinner on
February 18th, especially:

Karen Johnson, Bev Carter, Lori Teuchert,
Dan Colrud, Suzi Limberg, Dorothy Knopp,
Karen Dobbe, Al Zander, Norma Anderson, Koren,
Rich, Daniel & Rachel Kurszewski, Erica Shields,
Betty Sadogierski, Julie Firkus, Linda, Bill, Nick,
Elizabeth, Jordan & Jackie Dobbe, Betsy & Al Sueh-
ring, Kristin Buske, Pastor Mike & Naomi,
Lisa O'Neil, Jeff Hoks
(and any others that may have been missed)
we appreciate you!



Spring Event

Good Shepherd Lutheran, Women of the
ELCA, 2000 Roosevelt Dr, Plover, is hosting the
annual Spring event on April 7, 2018 from
8 am—1:30 pm.

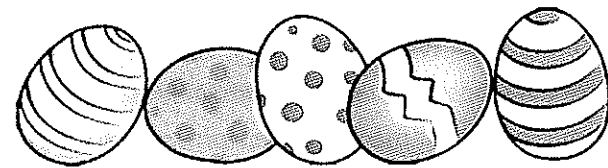
We cordially invite you to attend this event.

Registration fees will be paid for by the
Ladies WELCA.

This years theme is Sisters Helping Others:
Hunger and Poverty

Deadline for registration is April 2, registration
forms can be found on the table in the
Narthex at both churches.

Women of the
ELCA



Joint Youth Group Dates

April 8, 8 PM, Parsonage

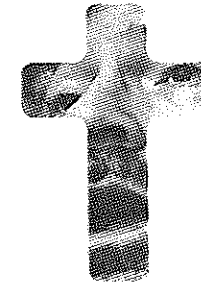
April 22, 2 PM, Clay Corner Studio



SPECIAL DATES

- Easter Sunday, April 1, 2018
- Administrative Professionals Day, April 25, 2018

Raise your voice!



With happy voices ringing,
thy children, Lord, appear,
their joyous praises bringing
in anthems sweet and clear.
For skies of golden splendor,
for azure rolling sea,
for blossoms sweet and tender,
O Lord, we worship thee.

—William Tarrant

Bible Quiz



In John 10, what metaphor does Jesus use to
describe himself?

- A. "I am the gate ..."
- B. "I am the good shepherd ..."
- C. Both A and B
- D. Neither A nor B

Easter is eternal

truth

If Easter means anything to modern man, it means
that eternal truth is eternal. You may nail it to the
tree, wrap it up in grave clothes and seal it in a
tomb. But truth crushed to earth shall rise again.

Truth does not perish. It cannot be destroyed. It
may be distorted. It has been silenced temporarily.
It has been compelled to carry its cross to Calvary's
brow ... but with an inevitable certainty, after eve-
ry Black Friday dawns truth's Easter morn.

—Donald H. Tippe

Why we need Easter

No one is exempt from tragedy or disappointment
— even God was not exempt. Jesus offered no im-
munity, no way *out* of the unfairness, but rather a
way *through* it to the other side. Just as Good Friday
demolished the instinctive belief that this life is sup-
posed to be fair, Easter Sunday followed with its
startling clue to the riddle of the universe. Out of
the darkness, a bright light shone. ...

The cross of Christ may have overcome evil, but it
did not overcome unfairness. For that, Easter is re-
quired, a bright clue that someday God will restore
all physical reality to its proper place.

—Philip Yancey, *Disappointment With God*



TRUST AND BELIEVE
CAN BE FOUND BY
BELIEVING
LIFE
IN HIS NAME.
JOHN 20:31, ESV

CHURCH COUNCIL

North New Hope 2018 Council Members:

Zach Fuller— President

Dan Glodowski—Vice President

Patricia Ludeman—Treasurer

Lizzie Gburek—Secretary

Sarah Wilke—Member

Jim Hotvedt— Member

Thank you to our outgoing Council Member Karl Wogsland
for his service!



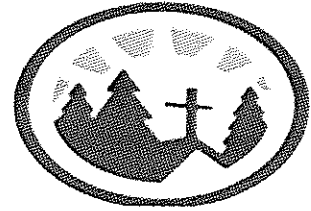
April

BIRTHDAYS



04/02—Dagney Leach
 04/02—Ted Roeder
 04/05—Barbara Wogsland
 04/07—Randy Budsberg
 04/07—Elise Ferg
 04/08—Jacqueline Buse
 04/08—Miles Lutz
 04/09—Ashley Johnson
 04/10—Robert Gehm
 04/12—Alan Carter
 04/12—Andy Gburek
 04/12—Jim Hotvedt
 04/12—Darlene Lindquist

04/15—Jared Lutz
 04/17—Jordan Buckles
 04/14—Lorraine Clark
 04/17—Loretta Stull
 04/18—Wendy DeLaet
 04/19—Orville Larson
 04/20—Jessie Glodowski
 04/20—Annette Rosholt
 04/24—Kristi Blumke
 04/26—Breanna Peters
 04/28—Wayne Carey
 04/29—Dawn Johnson



DAY CAMP

CROSSWAYS CAMPING MINISTRIES

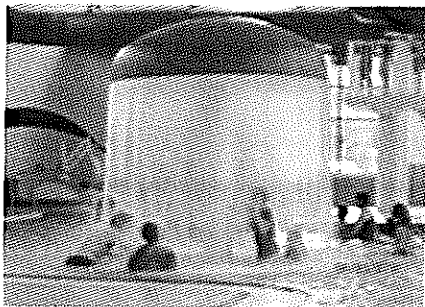
Held at Faith Lutheran Church
 253 S Main St, Rosholt

June 24 - 29, 2018

Open to all 1st through 6th grade children. Sign up for a fun-filled week of arts, crafts, worship, outside water games, field trips & nature activities. Snacks & lunch are provided.

Come & join the fun!!!

Monday – Thursday: 9 am – 3 pm
 Friday- 9 am – Noon



Call 715-677-4631 or email: faithnhope@wi-net.com for more information or to register.

Worship Helpers

April Altar Guild— Faith

Linda Dobbe, Suzi Limberg,
Robin Farrell & Chelsea Bassett

Lector Schedule- Faith

April

1— Joshua Panter
8- Faye Yenter
15— Bob Dobbe
22— Linda Dobbe
29— Alan Carter

Usher Schedule— Faith

April

1— Cliff & Carol Schulz
8— John & Bev Carter
15— Alan Carter & Duane Dobbe
22— Cliff & Carol Schulz
29— John & Bev Carter

Greeter Schedule-Faith

April

1— Bill Dobbe Family
8— Norma Anderson
15— Jim & Carol Lautenbach
22— Duane & Joan Dobbe
29— Lori & Phyllis

Lector Schedule-North New Hope

April

1— Patti Gburek
8— Jessie Glodowski
15— Ruth Aanrud
22— Audrey Strack
29— Mara Raddatz

April Altar Guild— North New Hope

Sandy Hotvedt & Patti Gburek

Lector Schedule— Faith

May

6— Joshua Panter
13— Kathie Grill
20— Deb Lemke
27— Jackie Gehm

Usher Schedule-Faith

May

6— Steve Grill & John Farrell
13— Alan Carter & Duane Dobbe
20— Cliff & Carol Schulz
27— John & Bev Carter

Greeter Schedule-Faith

May

6— Panter Bassett Family
13— Norma Anderson
20— Glenn & Linda Mancel
27— Julie Firkus

Lector Schedule— New Hope

May

6— Gage Glodowski
13— Audrey Strack
20— Marge Krogwold
27— Ruth Aanrud



Thank you to our wonderful volunteers!!

If you are unable to serve on your scheduled day, please find a replacement and let the Church Office know.

Thank you!



Old Fashioned Sunday Dinner

At Faith Lutheran Church

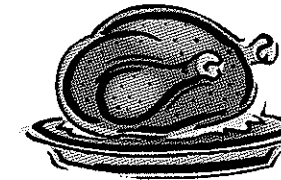
April 15, 2018
11 am—1 pm

Serving:

Baked chicken, mashed potatoes & gravy, stuffing, vegetables & dessert.

Carry-outs available—call 715-677-4631

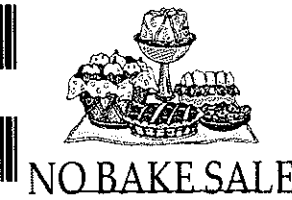
A portion of the proceeds will go to Destiny Point Women's Home.



I can do
ALL THINGS
through
Christ
who strengthens me.



Answer to the bible quiz: C (See John 10:9, 11.)



NO BAKE SALE

April Bakeless Bake Sale—
You are invited to NOT bake a cake, pie, cookies or brownies. Special envelopes were included in your 2018 handbook. A

basket will be provided in the Narthex throughout the month of April for your gifts or you may mail to Faith, PO Box 6, Rosholt, WI 54473. Without fuss or bother, you've done your part. We hope you'll give with a willing heart. Thank you for supporting the Faith Ladies Bakeless Bake Sale.







“What Do I Have?”

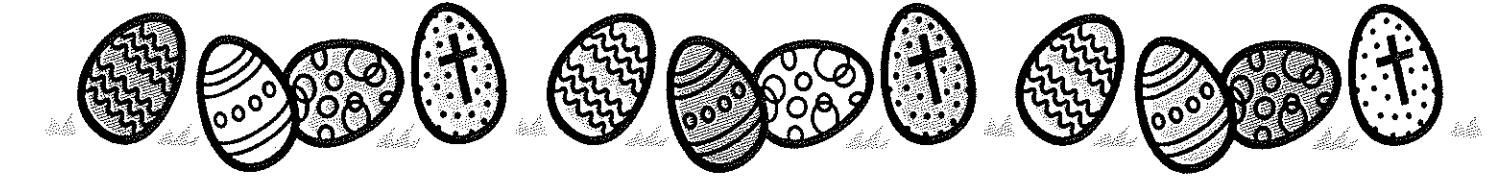
What do I have, Lord, that you would need me as a servant?
Eyes, he said,
to see the beauty in all that I've made —
and my children as they travel life's highway.
Hands, he said,
to reach out and touch hurting souls,
to give a hug or encouraging pat on the back.
Feet, he said,
to lead my children through this world of strife
and to help them run from sin and follow me.
Mouth, he said,
to lift up your voice and sing praises to me
so others may hear the joy in your heart.
Ears, he said,
to listen to my still, small voice of love
and to hear my children when they cry for help.
Heart, he said,
so you may know the full love of my Spirit
and love my children as I have loved you.

—Thomas Butler

APRIL 2018



****April is No Bake BakeSale Month at Faith, envelopes can be found in your Ladies Books or on the table in the Narthex. Thank you for your generosity!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																			
1 Easter Sunday Holy Communion	2 Office Closed	3 Faithful Knotters meet at 9 am	4 No Catechesis or Bible Study this week.	5 Pastor's Office hours at NH - 1-3 pm	6 Pastor's Sabbath	7 By Heart Catechism Session 10 am at NNH; 2 pm @ Faith																																			
8 Service of the Word	9 Office Closed	10 Faithful Knotters meet at 9 am	11 Catechesis at 6 pm; Bible Study at 7 pm at Faith	12 Pastor's Office hours at NH-1 -3 pm Faith Ladies Bible Study at 1:30 pm	13 Pastor's Sabbath	14 1st Communion class. Please watch bulletin for time and location.																																			
15 Holy Communion Old Fashioned Sunday Dinner at Faith	16 Office Closed Joint Mtg of the Councils at Faith at 7 pm; Individual Mtgs @ 6 pm	17 Faithful Knotters meet at 9 am	18 Catechesis at 6 pm; Bible Study at 7 pm at Faith	19 Pastor's Office hours at NH - 1-3 pm	20 Pastor's Sabbath	21 1st Communion class. Please watch bulletin for time and location.																																			
22 Service of the Word	23 Office Closed	24 Faithful Knotters meet at 9 am	25 Catechesis at 6 pm; Bible Study at 7 pm at Faith	26 Pastor's Office hours at NH- 1 - 3 pm	27 Pastor's Sabbath	28																																			
29 Holy Communion	30 Office Closed					<table border="1"> <tr> <td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td> </tr> <tr> <td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td> </tr> <tr> <td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td> </tr> <tr> <td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td> </tr> <tr> <td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td> </tr> </table>	S	M	T	W	T	F	S	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
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PUZZLE

RESURRECTION HOPE


 Romans 6:5 reveals the hope we have because
 
 Jesus rose from the dead on Easter.

Directions: First solve the math problems. Then put the corresponding words in the blanks; for example, the word next to the answer "1" goes in the first blank, the word next to the answer "2" goes in the second blank, and so on.

2+2 = ___ united	2x3 = ___ death	7+6 = ___ resurrection
3x3 = ___ certainly	18-16 = ___ have	4-1 = ___ been
0+1 = ___ if	2x4 = ___ we	13-1 = ___ him
2+3 = ___ in	20-6 = ___ like	2+5 = ___ his
2x5 = ___ be	8+3 = ___ with	

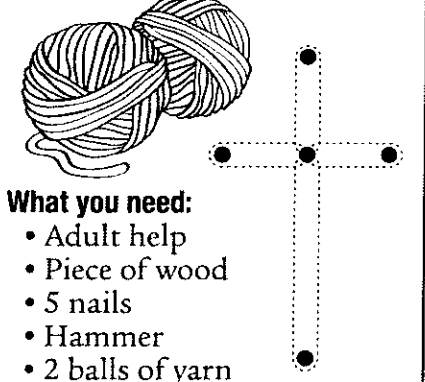
"For 1 we 2 3 4
 with him 5 a 6 like 7,
8 will 9 also 10 united
11 12 in a 13
14 his." Romans 6:5, NIV

Answer: For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his. Romans 6:5, NIV



CROSS CRAFT

Make this special cross as a reminder of Jesus' death and resurrection.



- What you need:**
- Adult help
 - Piece of wood
 - 5 nails
 - Hammer
 - 2 balls of yarn (blue and yellow)

- What you do:**
1. Hammer the nails into the wood to form a cross shape (see example).
 2. Tie the blue yarn to the bottom nail. Wrap it up and around the top nail and back down to the bottom nail. Then wrap it around the middle nail and around the side nails. Repeat until the yarn is wrapped about halfway up the exposed nails.
 3. Repeat step two with the yellow yarn. Wrap it around the nails until only the heads are visible.



Healthy Weight

When it comes to weight loss, there's no lack of fad diets promising fast results. But such diets limit your nutritional intake, can be unhealthy, and tend to fail in the long run.

The key to achieving and maintaining a healthy weight isn't about short-term dietary changes. It's about a lifestyle that includes healthy eating, regular physical activity, and balancing the number of calories you consume with the number of calories your body uses. Staying in control of your weight contributes to good health now and as you age.

Losing Weight

It's natural for anyone trying to lose weight to want to lose it very quickly. But evidence shows that people who lose weight gradually and steadily (about 1 to 2 pounds per week) are more successful at keeping weight off. Healthy weight loss isn't just about a "diet" or "program". It's about an ongoing lifestyle that includes long-term changes in daily eating and exercise habits.

Once you've achieved a healthy weight, by relying on healthful eating and physical activity most days of the week (about 60—90 minutes, moderate intensity), you are more likely to be successful at keeping the weight off over the long term.

Even modest weight loss can mean big benefits

The good news is that no matter what your weight loss goal is, even a modest weight loss, such as 5 to 10 percent of your total body weight, is likely to produce health benefits, such as improvements in blood pressure, blood cholesterol, and blood sugars.

For example, if you weigh 200 pounds, a 5 percent weight loss equals 10 pounds, bringing your weight down to 190 pounds. While this weight may still be in the "overweight" or "obese" range, this modest weight loss can decrease your risk factors for chronic diseases related to obesity.

So even if the overall goal seems large, see it as a journey rather than just a final destination. You'll learn new eating and physi-

cal activity habits that will help you live a healthier lifestyle.

These habits may help you maintain your weight loss over time. In addition to improving your health, maintaining a weight loss is likely to improve your life in other ways.

For example, a study of participants in the [National Weight Control Registry](#) found that those who had maintained a significant weight loss reported improvements in not only their physical health, but also their energy levels, physical mobility, general mood, and self-confidence.

Healthy Eating for a Healthy Weight

A healthy lifestyle involves many choices. Among them, choosing a balanced diet or healthy eating plan.

So how do you choose a healthy eating plan? Let's begin by defining what a healthy eating plan is.

According to the *Dietary Guidelines for Americans*, a healthy eating plan: Emphasizes fruits, vegetables, whole grains, and fat-free or low-fat milk and milk products; Includes lean meats, poultry, fish, beans, eggs, and nuts; Is low in saturated fats, *trans* fats, cholesterol, salt (sodium), and added sugars; Stays within your daily calorie needs.

Do I have to give up my favorite comfort food?

No! Healthy eating is all about balance. You can enjoy your favorite foods even if they are high in calories, fat or added sugars. The key is eating them only once in a while, and balancing them out with healthier foods and more physical activity.

Some general tips for comfort foods:

Eat them less often. If you normally eat these foods every day, cut back to once a week or once a month. You'll be cutting your calories because you're not having the food as often.

Eat smaller amounts. Try a lower-calorie version. Use lower-calorie ingredients or prepare food differently. For example, if your macaroni and cheese recipe uses whole milk, butter, and full-fat cheese, try remaking it with non-fat milk, less butter, light cream cheese, fresh spinach and tomatoes. Just remember to not increase your portion size. The point is, you can figure out how to include almost any food in your healthy eating plan in a way that still helps you lose weight or maintain a healthy weight. ~Your Parish Nurse Source: cdc.gov

Faith Council Meeting Minutes

February 12, 2018 at 6:30 pm

Attendance

Pastor Mike, Bob Dobbe, Bev Carter, Char Schulist, Jan Kraetsch, Larry Kumenius, Bill Dobbe, Todd Wierzba, and Chelsea Bassett

Called to Order

Todd Wierzba joined us as a guest from the Fair Board to share options and ideas for our Steak Fry planning.

The Secretary's Report from January was reviewed and approved.

The Treasurer's Report from January was reviewed and approved.

Pastor's Report

Pastor shared plans for Lenten services, including visits from guest pastors.

We will not be meeting during March. We'll use the time to reflect on the ways we can best serve our church as well as how we'd like our church to serve our community. Pastor shared an article for us to review and to facilitate this conversation.

Old Business

We further discussed our options for the October Steak Fry. The dates available for the fairgrounds aren't ideal, and we're also considering the Legion Hall or McZ's. After more conversation and details from Jan, we decided to plan on working with Kate Zdroik to host the Steak Fry on October 6 at McZ's.

A third party inspection of the church property was completed. We'll review the full report at a later meeting.

New Business

We discussed and agreed that we approve of a request from Tanya that she work from home two hours a week. This will result in a minor adjustment of church office hours.

We confirmed communion and counting responsibilities for the new year's council members.

Our next council meeting will be a joint council meeting at Faith Lutheran Church on Monday, April 16 at 6:00 p.m.

Respectfully submitted, Chelsea Bassett, Secretary

North New Hope Lutheran Church

Council Meeting Minutes

Monday February 26, 2018

Members Present: Dan Glodowski, Zach Fuller, Krys Ferg, Jim Hotvedt, Lizzie Gburek, Pastor Mike.

Meeting Opened

Approval of Minutes: Zach motioned to approve the January Meeting minutes, Lizzie seconded. Motion carried, minutes approved.

Treasurer's Report: Lizzie motioned to approve the financial report for December, Jim seconded. Motion carried, financial report approved. Krys presented the January financial report. An amendment was made to a typo on the report for the savings account. Zach motioned to approve the report with the amendment. Jim seconded. Motion carried, financial report approved.

Pastor's Report: Pastor discussed the upcoming Lenten services, which are in a round robin format, with our other Lutheran church partners in the area. Pastor is still looking into pulpit supply during his sabbatical for the summer services.

Old Business: The council is continuing to explore ideas for Sunday services during the summer.

New Business: Officers for council were nominated: Zach Fuller for President, Dan Glodowski for Vice President, Lizzie Gburek for Secretary, and Pat Ludeman for Treasurer. Nominations were accepted and approved. The recent building inspection was discussed, and the council is looking into the minor issues that will need to be repaired. We will further look into the report from the inspection and break it down by importance.

Next Meeting: The next council meeting will be on April 16th at 6:00 pm. at Faith.

Meeting Adjournment: Dan motioned to adjourn; Jim seconded. Motion carried, meeting adjourned.

Respectfully submitted, Lizzie Gburek, Secretary

